

Mind-Body Week, D.C. Friday

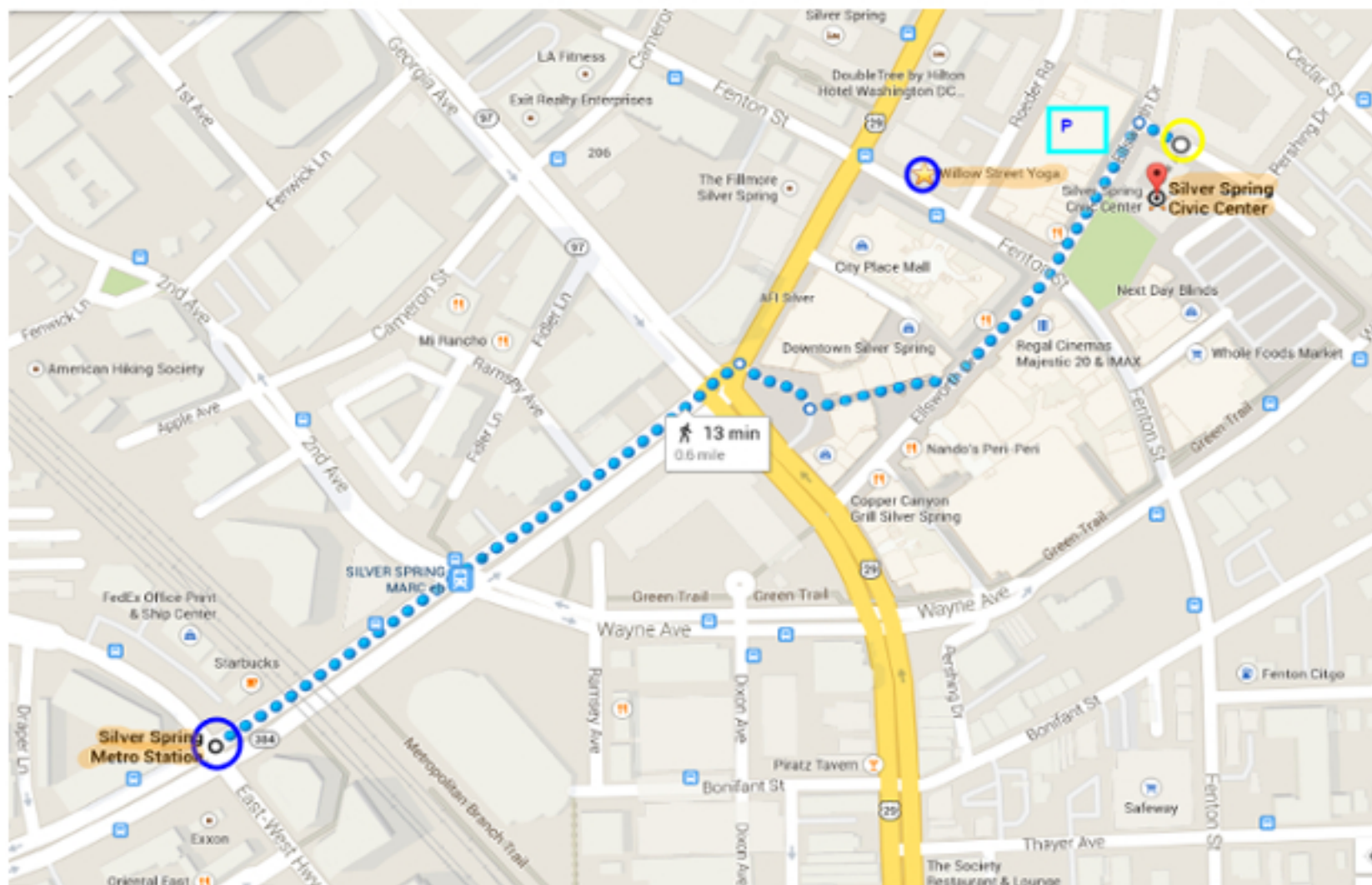
Addresses:

Silver Spring Civic Center

1 Veterans Place,
Silver Spring, MD
20910

Willow Street Yoga

8561 Fenton Street,
Silver Spring, MD
20910



Parking

A paid parking garage is located across the street from the Civic Center, between Ellsworth Drive & Roeder Road, indicated on map.

Metro to Silver Spring Civic Center

Take the red line to the Silver Spring Metro Station
Head northeast on Colesville Rd toward 2nd Ave.
Turn right toward Ellsworth Dr.
Turn left onto Ellsworth Dr.
Turn right onto Veterans Pl.
Destination will be on the right

Silver Spring Civic Center to Willow Street Yoga

~ 4 min walk
Head northwest on Veterans Pl toward Ellsworth Dr.
Turn left onto Ellsworth Dr.
Turn right onto Fenton St.
Destination will be on the right.